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Hoarding Among the Elderly: Effects on Health, Safety, and Transition of Care

New York University Langone Medical Center
New York, New York

APRIL 22, 2017

PROFESSOR PRESENTERS
Gloria Mahalaga, RN, MSN, MA, CRRN, Senior Nurse Clinician
Chantal Lodescar- St Fleur, RN, BSN, CRRN, Senior Nurse Clinician



 


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Objectives

- Increase awareness of the issues surrounding hoarding- a national concern in caring for the elderly population
- Identify the effect of hoarding on health, safety and transition of care
- Increase professional sensitivity to caring for hoarders and caregivers of hoarders

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Recognizing Hoarding As A Significant Senior Health Problem

- Incidence
- A national problem
- Global significance

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Historical Perspective

- From Diogenes to the DSM-5

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Causes of Hoarding

- Genetic
- Environmental
- Frontal lobe impairment/dementia
- Anxiety/Depression
- Traumatic event
- Living through a period of poverty or "hard times"

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What is Hoarding?

- Collections, clutter, hoarding
- What do people hoard?



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Personal Profiles of Hoarders

- Collyer Brothers
- 83 year old female patient- retired business woman
- 57 year old female- currently working as staff nurse
- Homeless hoarders- Sonia Gonzalez
- Elderly in long term care facilities

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Assessing for Hoarding

- Interview and observation- look and listen
- Hoarding scales
- Documentation of hoarding in the medical record

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Do Hoarders Have Rights?

- How hoarding impacts transition of care
- How transition of care impacts hoarders
- The individual good vs. the common good

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Management of Hoarding

- Caring for the hoarder
- Caring for the caregiver/family of the hoarder
- The "clean-up"

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Conclusion

What you should take away from this presentation

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