

 **NICHE CONFERENCE**

The NICHE Influence on Geriatric Psychiatry at UAB Hospital


University of Alabama in Birmingham Hospital

APRIL 26, 2017 **PROGRAM PRESENTER:**
Kimberly Barnes-Ayers, BSN, MAEd
Nurse Manager and NICHE Steering Committee



 


 **NICHE CONFERENCE**

- Total 1,157 Beds
- Only Level I Trauma Center in Alabama
- Top 100 Hospitals nationally ranked in 8 specialties (US News and World Report)
- Magnet designation- 4 times designation
- Core group attended NICHE annual Conference 2008
- NICHE designated since 2009
- NICHE Exemplar status 2015
- UAB Health System largest academic medical center in Alabama





UAB HEALTH SYSTEM **PROGRAM PRESENTER:**
Kimberly Barnes-Ayers, BSN, MAEd, Nurse Manager and NICHE Steering Committee



 


 **NICHE CONFERENCE**

- One of the largest academic medical centers in US
- Nationally ranked Heart and Vascular Services
- Comprehensive Cancer Center uses the largest cyclotron in a U.S. academic medical center
- Only Adult Level I Trauma Center in Alabama
- Level IV Regional Neonatal Intensive Care Unit
- Comprehensive Transplant Center national leader in kidney transplants
- Eye Hospital-first level I ocular trauma center in the nation- only one in Alabama



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2009

- NICHE designation
- Only NICHE Hospital in the state/southeast
- Goal-Improve care of elder patients - educating healthcare providers/hard-wiring evidence-based geriatric practices
- Goal to be achieved via Geriatric Scholar Program (one avenue)
- Initial scholar's class -17 nurses







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2013

- Program leaders recognized need for scholars to practice the knowledge and skills being taught in the program
- Simulation was added to the first year curriculum




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2015

- 43 Geriatric Scholars in class of 2015
- Multidisciplinary scholars-nursing, physical therapy, occupational therapy, social work, case management, pharmacy, pastoral care, and dietary.
- Rebranded -Inter-professional Geriatric Scholars Program
- Total 165 scholars throughout UAB Hospital
- Approximately 40 practice areas throughout UAB Hospital








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2015

- Implemented-Geriatric Scholar Patient Support Program provide education to non-licensed staff on care strategies that they can implement to prevent functional and cognitive decline in hospitalized patients.
- Inaugural class October 2015-Included: unit secretaries, patient care technicians, and a neurovascular lab technician.
- UAB Hospital has achieved "Exemplar" NICHE Status









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- Scholars must take the information they receive and share it with others.
- Made a great impact on spreading geriatric concepts throughout the organization
- The inaugural class alone reached more than 600 employees by educating others on what they have learned and implementing evidence-based projects in year two of the program.




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Projects –

- Addition of functional and cognitive screens to the electronic medical record- now completed on every geriatric patient that is admitted to UAB
- Pressure ulcer prevention
- Safe mobility programs
- Pictograms – played integral part in preparing UAB Medicine for the Virtual ACE initiative -teaches frontline staff how to implement geriatric plans of care to prevent functional decline







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Geriatric Psychiatry 2007 vs 2017

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Geriatric Psychiatry 2007 vs 2017

2007


- Patients pace (mainly in the evening)- Staff ---'sit down'
- Patients repeat questions- Staff--- 'I just answered that'
- Patients become restless asking to go home- Staff-- 'you can't go home'
- Patients verbally/physically respond in effort to communicate- Staff label 'aggressive'



2017

- On admission-Patient/family discussion 'All about Me' staff aware of preferences, etc.
- Patient gait assessed on admission-'Get Up and Go' --risks identified precautions taken-- awareness increased falls with injuries decrease
- Admission assess functional status staff ---assist as needed preventing declines
- Staff use: Arts in Medicine, tools - delirium toolkit --- pts engaged -interactive -smiling

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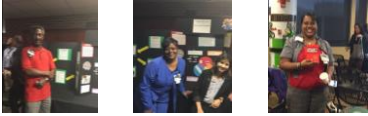
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Geriatric Psychiatry

Patient Care Scholars (frontline staff)

- Developed 3 major projects and several day-to-day projects/instructional sessions
- Two developed projects related to delirium education, awareness, and prevention.



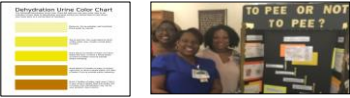
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Patient Care Scholars Poster 'To Pee or not to Pee'

- Developed a project to assess proper hydration amongst elderly adults and the benefits
- Implemented the use of urine chart in patient bathrooms and provided staff with a quick reference for their badge
- The project encourages all providers to be mindful of hydration no matter their role on the health care team



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UAB Geriatric Psychiatry

2016

- Four Patient Care Technicians and one Unit Secretary became involved in the NICHE program as Patient Care Scholars and made many positive changes on the unit.

2017

- Two Patient Care Technicians became Patient Care Scholars
- Influence of the NICHE program at University of Alabama in Birmingham Hospital (UAB) and the Geriatric Psychiatry unit (G7S) in particular is far reaching.



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Geriatric scholar growth in the CPM

Class of 2011 (Effective Communication)
Andrea Yeldell Jones
Kimberly Ayers

Class of 2012 (Prevention of Wounds-Turn Clock)
Margaret Galloway


Class of 2014 (Functional Assessment-Katz education)
Renwick Slaughter
Sharon Walton

Class of 2015 (Geriatric Mobile Application)
Jiliana Sea
Tom Gleason (Occupational Therapists)




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Psychiatry Occupational Poster



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UAB Geriatric Psychiatry

Geriatric scholar growth in the CPM


Class of 2016

Interdisciplinary (Get up and Go-Gait assessment)


- Phyllis White
- Nedra White
- Jennifer Newsome
- Naemah Abdullah


Patient Support (Hydration, All About Me Board Enhancement, Three D's Delirium)

- Tiffany Shepherd
- Coby Williams
- William Scott
- Jasmine Roper
- Sam O Garro



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UAB Geriatric Psychiatry


Geriatric scholar growth in the CPM

Class of 2017 Improved outcomes on Geriatric Psychiatric Unit


- Bobby Prince
- Saphia Beckles (Left the organization/state)
- Amy McAfee (Left the organization)
- Angela Fulmer (Angela postponed participation for personal reasons)


Class of 2017 Patient Support

- Donald Griggs
- Avril Dixon (Avril delayed due to illness)




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- Direct care providers heard the call- decided to become change agents
- They were empowered by the nursing leaders to obtain the knowledge and skills
- They had many ideas -- were allowed to explore, develop and implement them









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Geriatric Psychiatry

- Front line staff were strongly encouraged to apply for the Geriatric Scholar Program
- Several applied and were accepted
- They were supported --they developed and implemented initiatives to improve the care of the patients
- Were given paid time as well as time on staff and other meeting agendas to present to all staff









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‘Get Up and Go’ Practice Session

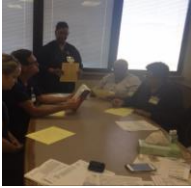







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'Get Up and Go' Education Session








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Geriatric Psychiatry Staff Magnet Certification 2016







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UAB Geriatric Psychiatry

Direct care staff (patient care technicians-PCTs) empowered

- High levels of engagement energized the other direct care staff
- PCTs continue to share knowledge and guide others (not only their peers)
- Increased knowledge and energy has proven to be advantageous for our geriatric inpatients
- Will continue to support all of our Scholars and improve care of health system elders



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Walking to Remember 2010

(Services benefit older adults)









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Walking to Remember 2015

Alzheimer's of Central Alabama annual
advocacy and fund raiser



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Walking to Remember 2016







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Geriatric Psychiatry Scholars 2016









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Geriatric Scholars Symposium CPM Staff 2016










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Our Influence on the Nation


Geriatric Scholars Making a National Impression

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2010 NICHE Annual Conference



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2013 NICHE Annual Conference




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2015 NICHE Annual Conference



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2016 NICHE Annual Conference




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We Continue to Grow






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That's all for now.
Questions will be answered at the end of this session

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