

 NICHE CONFERENCE

## An Interprofessional Approach with Non-pharmacological Healing Initiatives Using Delirium as an Example

New York University Langone Medical Center  
New York, N.Y.

APRIL 23, 2017

**MODERATOR:**  
Pamela Doughlin, MS, RN-BC  
Patricia Lanzetta, MSN

---

---

---


---

---

---

---

---



 NICHE CONFERENCE

## Objectives

The participants will be able to:

- Identify key interprofessional team members for this unit based initiative
- Describe interventions for a non- pharmacological approach to geriatric common conditions
- Name 3 characteristics of the interprofessional non-pharmacologic approach in the case of delirium

**MODERATOR:**  
Pamela Doughlin, MS, RN-BC  
Patricia Lanzetta, MSN

---

---

---

---

---

---

---


---

 NICHE CONFERENCE

## New York University Langone Medical Center

- 725 Beds Tertiary Academic Medical Center
- Three time Magnet designated
- NICHE exemplar site since 2013
- Top 10 in the nation on U.S. News & World Reoprt's "Best Hospitals 2016-2017 Honor Roll"
- Ranked number 1 for overall patient safety and quality

**MODERATOR:**  
Pamela Doughlin, MS, RN-BC  
Patricia Lanzetta, MSN

---

---

---

---

---

---

---

---


**NICHE CONFERENCE**

## Our Interprofessional Team Members

- GRN
- Nurse Manager
- Pharmacist certified in geriatrics
- Medical director
- Nutritionist



FOCUS PRESENTER:  
 Pamela Doughty MS, RN-BC  
 Pamela Lanza MS, MSN




---

---

---


---

---

---

---

---


**NICHE CONFERENCE**

## Team Structure and Function



**Team structure**

- Unit GRN safety rounds
- Team expert attend safety rounds

**Team function**

- Using SHARING to identify at risk patients
- Audit EPIC documentation to identify gaps in care

FOCUS PRESENTER:  
 Pamela Doughty MS, RN-BC  
 Pamela Lanza MS, MSN

---

---

---


---

---

---

---

---



**NICHE CONFERENCE**

## Teams Structure and Function Cont.

**Addressing Gaps**

- Educational needs of team
- Additional non-pharmacological approaches
- Patient, family involvement in care

FOCUS PRESENTER:  
 Pamela Doughty MS, RN-BC  
 Pamela Lanza MS, MSN

---

---

---

---

---

---

---

---

35 NICHE CONFERENCE

## Method

- GRN expert team partnerships
- Use of EBP tools and NYULMC SHARING tool
- Identification of high-risk patients on safety rounds
- Team focused assessments

FOUNDER PRESIDENT:  
Pamela Dougherty MS, RN, BC  
Pamela Lora-Walsh, MSN

NYU Langone  
UNIVERSITY MEDICAL CENTER NYU  
NURSING SCHOOL

---

---

---

---

---

---


---

---

35 NICHE CONFERENCE

## Methods Cont.

- GRN case studies
- GRNPC council
- Other practice councils
- NICHE online app resources and community resources



FOUNDER PRESIDENT:  
Pamela Dougherty MS, RN, BC  
Pamela Lora-Walsh, MSN

NYU Langone  
UNIVERSITY MEDICAL CENTER NYU  
NURSING SCHOOL

---

---

---

---

---

---

---

---

35 NICHE CONFERENCE

**"SHARING" tool**  
IDENTIFY SENIORS ≥65 years of age  
EXHIBITING THE FOLLOWING CHANGES:

- **S**- Skin integrity
- **H**- **Hearing & vision**/ Health literacy/ Healthcare decision making
- **A**- **Altered memory**
- **R**- **Reconciliation** of medications / Reassess pain
- **I**- Incontinence
- **N**- Nutrition, hydration & oral health
- **G**- Gait & function

FOUNDER PRESIDENT:  
Pamela Dougherty MS, RN, BC  
Pamela Lora-Walsh, MSN

NYU Langone  
UNIVERSITY MEDICAL CENTER NYU  
NURSING SCHOOL

---

---

---

---

---

---

---

---

### Delirium Facts

- Delirium is 1 of the 6 causes of preventable injury in patients 65 and older
- Increases length of stay (approximately 10 days to the mean length of stay)
- Causes 10% increase risk of death
- Continues to be unrecognized in 66% to 84% of patients in ICU's, acute care, and the emergency department. It is underdocumented and undertreated

Reference: Smith & Grami 2017

FOUNDRY PRESENTER  
Pamela Doughty MS, RN-BC  
Pamela Loraobali MSN



---

---

---

---

---

---

---

---

### Delirium: Applying Interprofessional Approach and Non-Pharmacological Interventions

- Increase mobilization
- Provide familiar home routines
- Encourage family members to be part of the team and bring in familiar items from home

FOUNDRY PRESENTER  
Pamela Doughty MS, RN-BC  
Pamela Loraobali MSN



---

---

---

---

---

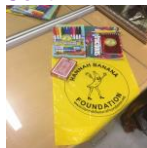
---

---

---

### Non-pharmacological Interventions and Interdisciplinary Partnerships Cont.

- Provide therapeutic food choices
- Beware of medications on the BEERs Criteria
- Utilize Hospital Volunteer Pool/ Family Coaches
- Alternatives to pain management



FOUNDRY PRESENTER  
Pamela Doughty MS, RN-BC  
Pamela Loraobali MSN



---

---

---

---

---

---

---

---

### Next Steps

- Identify team educational needs with delirium initiatives
- Assess current delirium non-pharmacological approaches
- Determine suitable metrics to measure outcomes

Panel Members:  
Patricia Doughty MS, RN-BC  
Patricia Lanzetta MD



---

---

---

---

---

---

---

---