

## Bedside Multidisciplinary Rounds: " An Initiative to Improve Goals of Care in the Elderly Population."

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### Overview:

Older adult patients may experience an increased need for agreed upon goals of care in a hospital setting that requires a team approach to their plan. A medical-telemetry unit noted a need for a team approach at the bedside in organizing the care of the patients during their hospital stay and for transition to home. To improve the care of these patients, the unit initiated “Bedside Multidisciplinary Rounds”, a nurse driven initiative to provide more individualized care and a team approach to individualized goals.

### Goal :

Determine if better management of elderly patients would result in better outcomes and improved satisfaction of the patients.

### Areas to Develop:

- Physician involvement in rounds.
- Hospital wide roll out.

### Process:

- **Team:** Nursing Coordinator, Clinical Nurse Specialist, Case Manager, Social Worker, Primary Nurse, Dietician, Clinical Pharmacist, and a Chaplain.
- **Items Addressed:** Discharge Plan, CAM Status, CAUTI Prevention, Mobility Status, need for sitters, goal of care for the day, and delirium management.
- **Family Involvement:** Family is encouraged to participate and aware of the start time for rounds.

### Barriers:

- **HIPPA:** Ask the patient’s permission for bedside rounds
- **Gathering the team:** Start time is consistent (9 AM)
- **Staff Buy In:** Monthly updates / education at staff meetings with feedback. Preparedness for rounding reflected in staff evaluations.

