

# ACE program at Community Memorial Hospital

## Environment



## Acute Care for Elders

- Elderly patients often have multiple complex medical conditions and are at greater risk of complications and functional decline when hospitalized. In addition, frail elderly patients who are hospitalized are more susceptible to falls, skin breakdown, confusion and infection. Our 29 bed specialty unit is designed for the elder population, age 70 and older.
- Focus of care includes prevention of functional decline, prevention of delirium, reduction in Beers medications, early mobility and the promotion of movement
- ACE Admission Workflows provide opportunities for transfers from an academic medical center and other entities to the ACE specialty unit

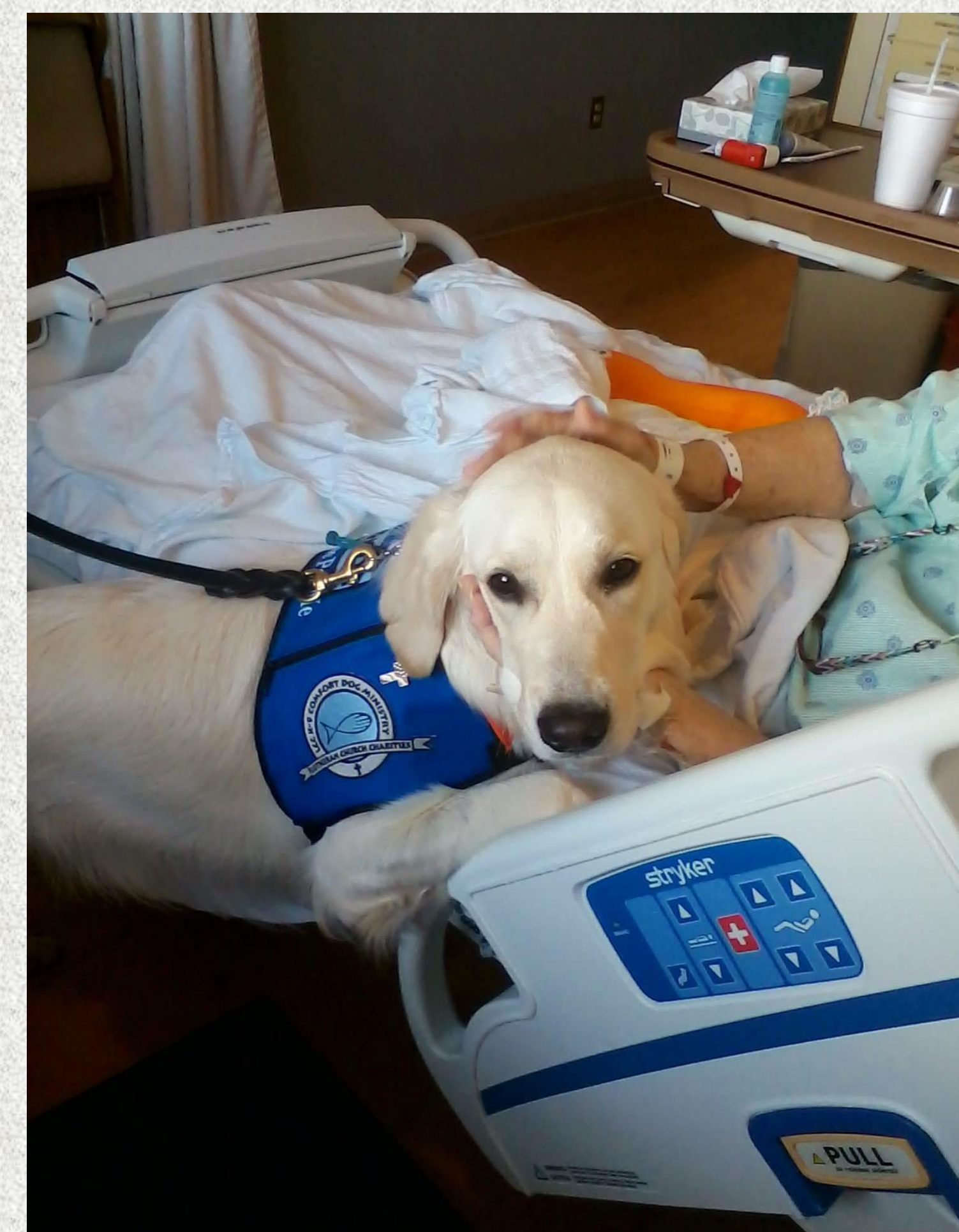
## Care Coordination Rounds

- Geriatrician/Medical Director attends daily rounds via teleconference
- Use of ACE Tracker to identify patients with risk factors for geriatric syndromes
- Meeting begins at a consistent time and location 7 days/week
- Discuss every patient on unit (1 to 2 minutes each)
- Staff Nurse presents patient status update
- Interdisciplinary members provide updates, associated with PT/OT/pharmacy
- Facilitator directs and coordinates discussion

## Activities

- Wander Gard system
- Cognitive Kits:
  - Yahtzee
  - Bingo
  - Puzzles
  - Dominoes
  - Memory Games
  - Deck of Cards
  - Blocks
  - Adult Coloring Books
  - Games

## Comfort Dog



## Conclusions

- Follow business plan with executive support
- Use a project coordinator to facilitate
- Create ACE advisory committee with interdisciplinary support and physician champion
- Engage interdisciplinary teams for innovation
- Empower GRN's and GPCA's for early identification and intervention for the prevention of geriatric syndromes
- Outcomes:
  - Increase in daily ambulation
  - Increase use of chair for meals
  - Approved Collaborative Pharmacy Practice Agreement to prevent use of Beers list meds
  - 0 HAPU, 0 CAUTI, 0 CLABSI, 1 fall in 6 months

## NICHE Training

- All ACE RN's achieved the status of Geriatric Resource Nurse
- All ACE CNA's received the status of Geriatric Patient Care Associate

